

Absolute Dance Company

2011/2012 Dance Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00~1:45 Mommy & Me Parent & Child Ballet Ages walking to age 2				1:00~1:45 Mommy & Me Parent & Child Developmental Creative Movement Ages walking to age 2	10:30 a.m.~11:15 a.m. Ballet/Tap Combo Ages 2.5 to 5
1:45~2:30 Adult Ballet				1:45~2:30 Beginner Ballet Ages 3 & 4	11:15 a.m.~12:00 p.m. Little Miss Broadway Ages 3 to 6
4:30~5:15 Recreational Junior Hip Hop ages 9~12	4:00~4:45 Beginner Ballet ages 3 to 5	4:00~4:45 Petite Hip Hop ages 6~8		4:00~4:45 Mini Hip Hop Ages 4 and 5	12:20 p.m.~1:20 p.m. "The Broadway Project" Ages 7 and up
5:15~6:15 Junior Hip Hop Competitive Team Ages 9 and up	4:45~5:30 Ballet I (Instructor Evaluation)	4:45~5:30 Recreational Teen/Senior Hip Hop ages 13 & up	5:00~6:00 Contemporary Jazz (must also be enrolled in Ballet I, II or Ballet III) Ages 10~19	4:45~5:30 "Boys Only" Hip Hop Ages 6 through 9	1:20 p.m.~2:05 p.m. ADC Cheer and Pom Dance Team Ages 5 to 8
6:15~6:45 Hip Hop Technique Ages 9 & up	5:30~6:30 Ballet II (Instructor Evaluation)	5:30~6:30 Teen/Senior Hip Hop Competitive Team	6:00~7:00 Jumps, Leaps & Turns Ages 8 & up	5:30~6:15 Halftime Performers ADC Dance Team Ages 9 and up	2:05 p.m. to 2:50 p.m. Mommy & Me Creative Movement Ages walking through age 2
6:45~7:45 Teen/Senior Hip Hop Competitive Team	6:30~7:30 Ballet III (Instructor Evaluation)	6:30 ~7:15 Petite Hip Hop Ages 6~9	7:00~8:00 Acro Ages 8 & up	6:15~8:15 Scheduled Dance Team Rehearsals	
7:45~8:45 Belly Dancing & Abdominal Toning	7:30~9:00 Ballet IV/V (Instructor Evaluation)	7:15~8:00 Adult Belly Dancing Technique & Choreography	8:00~9:00 Advanced Contemporary (must also be enrolled in Ballet IV/V)		Birthday Parties Available! Contact ADC today to plan your party!
		8:00~8:45 Adult Hip Hop Ages 17and up			